THE REEL SCENE
YOUR ACTING CAREER STARTS HERE
Acting Training Course

Acting Training Course: 14th October 2026 Overview

The course takes place over 3 months, with 9 sessions focusing on professional development. We work on developing your acting skills, your confidence, USP and industry behaviour to make that first impression count.

Outcomes:

- Understand and be able to make strong acting choices
- Analyse and critically reflect on your own performances and performances of others.
- Cover various techniques to implement into your preparation for a role or audition.
- Know how to approach an audition, network and stand out.
- A clear progress report and a personal acting development plan.

Coaches

Our coaches are professional, working industry actors. As such, their availability changes at short notice so workshops may change at the last minute.

Location

St Gabriel's Halls

Churchill Gardens

Pimlico

London SW1V 3AA

We reserve the right to make alterations to any of the course content at short notice, including changing dates and tutors based on their availability.

Workshop 1: 14th October 2026 6:00pm – 9:00pm

- Induction
- Warm-up games (getting to know each other, making connections as actors)
- Improvisation – working on improvisation, in particular improvisation for auditions.

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Workshop 2: 21st October 2026 6:00pm – 9:00pm

- Cold reading scripts & taking direction
- Scripts handed out and actors work on a cold read. This occurs regularly at auditions).
- From this first cold read, direction will be given and actors will be tested on how this is applied to their scene. (Actors must be able to take direction, must be malleable, adaptable and open. This is often tested by a casting director in an audition to determine how an actor will work on set and under pressure).
- Perform and review scene at the end of the workshop to class.

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Workshop 3: 28th October 2026 6:00pm – 9:00pm

- Audition technique
- Hot seating – being able to answer audition questions about your scene and yourself on the spot.
- Audition practice – going through the various scenarios of an audition
- Actors come in with last workshop scene and audition on camera.
- Review of all performances.

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Workshop 4: 4th November 2026 6:00pm – 9:00pm

- Working on scenes and character objectives.
- Working on back-story, not relying on the script as many actors do, thus forgetting the basics of the scene. We will strip the scene apart and work on all aspects of this, touching upon Stanislavski's Character objectives.

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Workshop 5: 11th November 2026 6:00pm – 9:00pm

- Performing scenes/scenarios on camera

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Workshop 6: 18th November 2026 6:00pm – 9:00pm

- Introduction to Meisner technique
- Learning vocal technique looking at diaphragmatic breathing, warm up voice and
- Vocal exercises.

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Workshop 7: 25th November 2026 6:00pm – 9:00pm

- Self-tape!
- Learn how to frame, shoot, deliver a slate and your scene to camera!
- **THIS IS SO IMPORTANT:** We will teach you how to deliver a strong self-tape audition.

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Workshop 8: 2nd December 2026 6:00pm – 9:00pm

- Mock showcase
- New scenes, actors paired up and left to work on the scenes implementing all that was covered in the course. With assistance from one of the Coaches

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Workshop 9: 9th December 2026 6:00pm – 9:00pm

- End of class showcase performance.
- Industry Q&A.

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